

Mistral Round Hayling Island Challenge

Saturday 25 September 2021

Organizing Authority: Hayling Island Sailing Club

SAILING AND PADDLING INSTRUCTIONS

1 RULES

- 1.1 WINDSURFERS - The race will be governed by the rules as defined in The Racing Rules of Sailing 2021-2024 as amended by Appendix B, Windsurfing Competition Rules and Appendix F Kiteboarding Racing Rules, with amendments noted under section 17 of this document.
- 1.2 SUP (inflatable and solid) / Kayak/ Canoe – Rules as defined in a “Go Canoeing” event as per British Canoeing. All SUP competitors are required to wear an appropriate leash suitable for the water conditions secured between the board and rider.
- 1.3 FOILING BOARDS – Rules for Kiteboarding as RRS Appendix F
- 1.4 ROWING BOATS – Competitors are expected to follow British Rowing general guidance for safety and collision avoidance.
- 1.5 Competitors are required to wear the numbered vest (issued at registration) as their outermost layer with the number on the back. This number is a safety tally and is required for recording a finish or retirement. Competitors who sail without this vest, or who fail to return it promptly after finishing or retiring, will be disqualified.
- 1.6 Competitors are required to carry the GPS tracker (issued at registration) on their person. The tracker is an important part of safety procedures. Competitors who sail without this tracker, or who fail to return it promptly after finishing or retiring, will be disqualified.
- 1.7 Any plastic or non-degradable material must be returned to the shore for appropriate disposal on completion of the event. Competitors seen disposing of rubbish in the sea will be disqualified from the event.

2 ENTRY FEES

- 2.1 Entry fees are payable as follows:

CLASS	£
Windsurfer	39
Windsurfer LT (one design)	39
Windsurfer Tandem	49
OC 1	39
OC 2	49
OC6	60
Sea Kayak	39
SUP	39
Rowing 4 Oared	54
Rowing 6 Oared	60
Wing Foiling (separate course)	29

3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice boards, located at:
 - a) the race office adjacent to the club main entrance.

b) online at the HISC website event web-page.

4 CHANGES TO INSTRUCTIONS

4.1 Any change to the sailing instructions will be posted before 10:30 on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 on the day before it will take effect.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the flag masts on the club race control box or on the beach in vicinity of the start line.

6 SCHEDULE OF RACES

6.1 Date of racing: Saturday 25TH September 2021

6.2 Number of races: 1

7 CLASS FLAGS

7.1 There will be class flags numbered as follows:

- 1 – Stand Up Paddle Boards,
- 2 – Windsurfers,
- 3 – All Canoe and Kayak Classes,
- 4 - Rowing

7.2 Should it be required an additional start may be included for foil boarders – class flag 5

8 RACING AREA

The sailing area is the waters around Hayling Island. To the north of HISC in Chichester Harbour, to the west in Langstone Harbour and to the South in Hayling Bay. To the south the limit of the sailing area is a line drawn between the Langstone Fairway and Chichester Bar Beacon navigation marks.

9 THE START

9.1 The start sequence will not commence before 11:55.

9.2 The sequence of class starts will be published on the day.

9.3 Flag signals will be accompanied by sound signals. Flags will be flown either from the club race box or from the beach.

9.4 The start sequence for each event will be as follows:

- 5 minutes the class number will be displayed
- 3 minutes a red flag will fly for one minute
- 2 minutes an orange flag will fly for one minute
- 1 minute a green flag will fly for one minute
- At the start the green flag will be lowered.

9.5 The start line is between either:

- a. The mast on the club race box displaying an orange flag and the Mistral buoy.
- b. A mast on the beach displaying an orange flag and the Mistral buoy.

9.6 Any competitor on course side of start line at start will incur a time penalty at race officer's discretion.

10 CHOICE OF COURSE

- 10.1 Competitors using a SUP less than 12'6" of any construction may only enter the Bridge & Back Course.
- 10.2 Competitors using a SUPS longer than 12'6" may choose to enter either the Bridge & Back or the Full Course. Competitors must declare their choice of course at registration on the day of racing.

11 THE COURSE – Full Round Island

- 11.1 The Full Course is a complete circumnavigation of Hayling Island starting from HISC and in a direction to be confirmed by 10.30 on the day of racing. There are up to 2 gates to be passed through in order to complete the full course.
- 11.2 Gate 1 will be placed in the vicinity of the Ferryboat Inn on the west side of Hayling Island. The gate is the full width of the harbour entrance.
- 11.3 Gate 2 will be placed in the vicinity of Langstone Road bridge. The gate is the channel under the road bridge.
- 11.4 Return to HISC to finish as in Section 13.
- 11.5 Charts of course will be displayed on the official notice board

12 THE COURSE – Bridge and Back

- 12.1 The Bridge & Back is from HISC to a rounding mark to the east of the Hayling Bridge and back to HISC, as follows:
- 12.2 Start at the line defined in Section 9.5a heading north.
- 12.3 Round a Mistral buoy just before the Sandstone Bridge to port.
- 12.4 Return to HISC to finish as in Section 13.

13 FINISH

- 13.1 SUP – finish by returning to the beach at HISC and passing between two Mistral flags ashore.
- 13.2 KAYAK, CANOE, WINDSURFER and ROWING competitors shall cross the finish line between the mast on the club race box and the Mistral Buoy.
- 13.3 A "rolling" finish may be introduced to further shorten the course. This will be an imaginary moving line between a flagged patrol boat and the Hayling shore. This will remove the requirement to finish as above.

14 SCORING

- 14.1 Competitors recording a full circumnavigation Finish will be given a finishing position in the HAYLING ISLAND CHALLENGE.
- 14.2 Competitors recording a BRIDGE AND BACK will be given a finish in the Bridge & Back event.
- 14.3 To record any finish, competitors must ensure that the numbers on their vest are visible to the finishing Event Officials and must return their vests and GPS trackers to an Event Official as soon as possible.

15 SAFETY REGULATIONS

- 15.1 All competitors are required to wear a numbered safety vest, issued at registration, as their outermost layer. This vest will act as a safety tally and makes for easy identification by Event Officials. Failure to wear this vest, or to return it promptly, will result in disqualification.
- 15.2 All competitors are required to carry a GPS tracker, issued at registration, on their person. The tracker is an important part of safety procedures. Failure to carry the tracker, or to return it promptly, will result in disqualification.

- 15.3 Personal buoyancy is mandatory except for rowing crews where each member must have personal buoyancy on board but may choose not to wear it.
- 15.4 As soon as possible after finishing, retiring, or deciding not to race, competitors must inform an Event Official of their number and hand over their safety vest and GPS tracker. A search may be commenced if they are not returned, involving Coastguard and RNLI.
- 15.5 There are manned landing points at all Gates and these are the recommended retirement points. Transport back to HISC is the competitors' responsibility from these points, though officials will aim to assist with communication.
- 15.6 Competitors should land only on the Hayling shore if possible as recovery may not be possible from any mainland shore.
- 15.7 The mud flats surrounding Hayling can be very dangerous. Competitors finding themselves aground on the mud should not attempt to walk ashore but should remain with their craft, making every attempt to re-float.
- 15.8 Competitors are advised to carry a mobile phone if possible.
- 15.9 Competitors are advised to carry food, water, and money.
- 15.10 A team of volunteer patrol boats will be on the water. Competitors must follow the instructions of patrol boats.
- 15.11 There are large commercial ships operating in Langstone Harbour. Competitors must keep at least 500m clear.
- 15.12 Competitors are reminded of their obligation to keep clear of any vessel with limited ability to manoeuvre, and any vessel they are overtaking.
- 15.13 The safety team will not stand down until all competitors are accounted for. It is essential that any competitor not recording a finish advises an Event Official that they have retired and are safe and returns their safety vest and GPS tracker to the club.

16 DISCLAIMER OF LIABILITY

- 16.1 Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

17 RISK STATEMENT

- 17.1 RRS Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 17.2 Any watersport is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - a. They are aware of the inherent element of risk involved in the sport and accept responsibility or the exposure of themselves, their crew and their craft to such inherent risk whilst taking part in the event;
 - b. They are responsible for the safety of themselves, their crew, their craft and their other property whether afloat or ashore;
 - c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
 - d. Their craft is in good order, equipped for the event and they are fit to participate;
 - e. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve participants of their own responsibilities;

- f. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g. They are responsible for ensuring that their craft is equipped and seaworthy so as to be able to face extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

18 AMENDMENTS TO THE RACING RULES OF SAILING (Windsurfer Only)

- 18.1 B4 42 – “However, significant progress shall not be made by paddling, swimming or walking.” is deleted.
- 18.2 Part 2 is amended to include the following – Within the confines of Langstone Harbour, no board may cross a commercial vessel under power within 500m of such a vessel, this action will result in disqualification without hearing.
- 18.3 26 is amended as per Section 9 above.

19 INSURANCE

- 19.1 Each participating craft shall be insured with valid third-party liability insurance with a minimum cover of £2 million per event or the equivalent.
- 19.2 Participants who are not members of HISC who need SUP or canoe insurance may purchase cover at registration under the HISC BCU policy for the day for £5.