

BREAKFAST

HAYLING ISLAND SAILING CLUB

Freshly cooked english breakfast

choose from: 2 rashers of bacon, 1 sausage, choice of 1 egg, 1 hash browns, 1 spoon of mushrooms, 1 fresh tomato (2 halves), 1 spoon of baked beans, 1 black pudding
contains: gluten, dairy, egg, sulphites

5 items £7.50
7 items £8.95

2 Pork Sausages £4.95

served in a bun

Contains: Gluten

Bacon in bap x 2 rashers

served in a bun £4.95

contains: wheat, eggs & dairy

Vegetarian sausage bap v

served in a bun

contains: wheat, eggs & dairy £3.75

Eggs on toast v

2 eggs on 2 slices of toast £3.00

choose from fried & poached

contains: wheat

Smashed avocado & poached egg on toast v

with roasted tomatoes & £6.50

balsamic glaze - *cooked to*

order, please request

contains: gluten, dairy & sulphites

extras

bacon £1.50
sausage £1.50
tomatoes £1.00
hash browns £1.00
baked beans £1.00
egg £1.00
mushroom £1.00
black pudding £1.50
toast £0.50

Homemade porridge v

served with honey

cooked to order, please request £2.75

contains: wheat & dairy

pastries / others

danish pastry £1.95
croissant £1.95
yoghurt pots £2.00
breakfast bar £1.50
jams £0.30

for allergy advice please see individual packets

drinks

tea £2.00
coffee £2.40
fruit juice £2.00
disposable cup charge £0.30

if you have specific dietary requirements then please ask chef, who will endeavour to accommodate you.
we source our food from local suppliers wherever possible.