



2026 HISC Easter Youth Training Camp

Feva – 3 Days (30 March – 1 April) – Experience Required: RYA Stage 3 – Max 6 Boats

Join us for 3 days of Feva sailing during the Easter holidays. This camp is perfect for getting back on the water after the winter or consolidating what you learned during the Winter Training Camps.

The focus will be on consolidating racing skills in the Feva to prepare you for your goals this season. Topics include starting, kite work, mark rounding, and boat speed.

There will also be a mini sprint series throughout the week with prizes at the end.

This camp is also suitable for sailors transitioning into the Feva for the first time and wanting to apply their skills in a double-handed dinghy.

Hire boats are available for the camp.

Category	Price
Member (own boat)	£200 per boat
Member (hire boat)	£250 per boat
Non-Member (own boat)	£240 per boat
Non-Member (hire boat)	£300 per boat

Optimists – 3 Days (31 March – 2 April)

Rust Remover (Max 6)

For sailors comfortable in the boat last year (around RYA Stage 3 standard) who have not taken part in winter training.

The focus will be on technique, confidence and motivation to get back on the water regularly this season.

If suitable, racing may be introduced by the end of the camp.

Category	Price
Member	£110
Non-Member	£130

Coached Regatta (Max 8)

For sailors already introduced to racing and wanting to build confidence.

Suitable for those aiming to take part in club racing for the first time or coached regatta events.

Includes drills followed by short fun races with spot prizes.

Category	Price
Member	£140
Non-Member	£165

Racing Regatta (Max 8)

For sailors currently racing and looking to move on from the coached regatta fleet.

Training focuses on race situations and improving performance.

If conditions allow, training may take place on Pilsey.

Category	Price
Member	£160
Non-Member	£190

Intro to the Bay (Max 6)

For sailors aiming to race in the Main Fleet.

Sailors should be sailing regularly through the winter and confident in all harbour conditions.

Participants should be fully independent and ready for longer water sessions.

Category	Price
Member	£180
Non-Member	£216

ILCA – 3 Days (30 March – 1 April) – Max 8

The aim of the camp is to help sailors feel confident in the boat across a range of conditions and prepare for open meetings or adult racing.

Suitable for sailors who have recently transitioned into the ILCA and want specific coaching as well as general racing skills.

ILCA specific skills include roll tacks, trigger pulls, S-turns, efficient control use at mark roundings, boat speed and boat handling.

General skills include understanding and applying the rules, starting tactics and understanding the tide on the day.

If conditions and abilities allow, some training may take place in the bay.

Category	Price
Member	£185
Non-Member	£225

29er – 2 Days (30–31 March) – Max 6 Boats

This two-day camp continues the progress made during winter training.

Training will focus on manoeuvres in light and heavy winds, mark rounding and starting.

We will also look at race-focused elements such as tactics and decision making.

This camp is also a great warm-up for the RYA Youth Nationals held at HISC from 3 April.

Category	Price
Member (per boat)	£180
Non-Member (per boat)	£220

Tera – 3 Days (30 March – 1 April) – Max 8

Kick start your season with this racing skills camp.

This camp is ideal for sailors wanting to get back on the water after a winter break.

A fun way to shake off the cobwebs while getting dialled back into racing.

Category	Price
Member (own boat)	£110
Member (hire boat)	£150
Non-Member (own boat)	£130
Non-Member (hire boat)	£180