



Sparkes & Little Sparkes Trophies - 10th October 2026

Nab & Little Nab Cups - 11th October 2026

Sat HW 1209 ht 4.9 LW 1711 & Sun HW 1237 ht 4.9 LW 1750

Hayling Island Sailing Club, Hampshire

SAILING INSTRUCTIONS

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

The racing will be governed by the rules as defined in *The Racing Rules of Sailing*.

2 COMMUNICATIONS WITH COMPETITORS

- 2.1 Notices to competitors will be posted on the online official notice board at:
www.hisc.co.uk/sailing/open-events/cruiser-open/
- 2.2 Signals made ashore will be displayed from the flag masts on the club race control box.
- 2.3 Flag C displayed ashore means the race will be started in the Harbour with signals made from the club race control box (see SI 4.2(b)).
- 2.4 Any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 18:00 on the day before it will take effect.
- 2.5 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 37(M). Competitors are required to monitor Ch37(M) from 30 minutes before the published start time until they have finished racing for that day.
- 2.6 [DP][NP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 2.7 The class flags will be:
- | | | |
|-----------|--|-----------|
| YTC class | Sparkes Trophy & Nab Cup | Pennant 3 |
| NHC class | Little Sparkes Trophy & Little Nab Cup | Pennant 4 |

3 SCHEDULE OF RACES

- 3.1 The race schedule is as follows:

Date:	Event:	Races:
Sat 10 th October	Sparkes Trophy & Little Sparkes Trophy	1 race with 1 start
Sun 11 th October	Nab Cup & Little Nab Cup	1 race with 1 start

- 3.2 The scheduled time of the warning signal for the first race each day is 10:55, both classes starting together.

4 RACING AREAS

- 4.1 Racing will take place in Hayling Bay and the Eastern Solent.
- 4.2 The starts will be from either:
- a committee boat within approximately one nautical mile of SPARKES racing mark, or
 - if flag C is displayed from the mast on the race control box, the start will be in the harbour, signaled from the club race box. This changes RRS Race Signals 'C'.

5 THE COURSES

Both classes will be sailing the same course.

The race committee will announce the course to be sailed on VHF Ch37(M), including the marks to be rounded and the finishing mark, each identified by name, and their required rounding side. The

announcement will be made at approximately 30 minutes, and repeated at 10 minutes, before the warning signal of the start.

6 MARKS

- 6.1 Marks will be selected from the list in Appendix A.
- 6.2 Starting marks for a committee boat start will be the race committee boat at the starboard end, and a buoy with an orange flag, or other specified mark, at the port end. For harbour starts (SI (b)) the starting mark will be North West Winner buoy.
- 6.3 The finishing marks will be the race committee signal boat and the last mark of the course.

7 THE START

- 7.1 Committee Boat Start: The starting line will be between the staff displaying an orange flag on the race committee boat, and the course side of the other starting mark.
- 7.2 Harbour Start: The starting line will be between the mast on the Club race box and the course side of North West Winner buoy.
- 7.3 A boat that does not start within fifteen minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

8 CHANGING THE NEXT LEG OF THE COURSE

- 8.1 This changes RRS 33.
- 8.2 While boats are racing, the race committee may change a leg of the course that begins at a rounding mark or at a gate by changing the position of the next mark (or the finishing line) and announcing on VHF Ch37(M) to all boats before they begin the leg.
- 8.3 The change of course announcement will include either:
 - (a) The new compass bearing and distance of the leg from the previous mark.
 - (b) The position in Lat / long.
 - (c) The name of the new mark.
 - (d) A combination of any of the above.

9 THE FINISH

- 9.1 Committee Boat Finish: The finishing line will be between the staff displaying a blue flag on the committee boat, and the course side of the other finishing mark.
- 9.2 Harbour Finish: The finishing line will be between the mast on the club race box and the course side of North West Winner buoy.
- 9.3 Own Time Finish: At any time, either before the start or during the race, the race officer may announce, over VHF Ch37(M), that a mark of the course that shall be the finish mark. The finish mark shall be left on its correct side and within 15m. The boat is finished when the mark is abeam of the mast. The boat shall take their own finish time and report this to the Committee Boat. **It is therefore important to carefully monitor VHF Ch37(M) for the duration of the race. Alternatively, ensure time is taken whilst rounding each mark of the course.**

10 TIME LIMITS

- 10.1 This changes RRS 35, A4 and A5.
- 10.2 The time limits for each race are as follows:

<i>Event</i>	<i>Time limit</i>	<i>Finishing window</i>
Sparkes Trophies	180mins	90mins
Nab Cups	180mins	90mins

- 10.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window will be scored Did Not Finish.

11 HEARING REQUESTS

- 11.1 For each class the protest time limit is 90 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 11.2 Hearing request forms are available at the race office.

- 11.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses, and the location where hearings will take place.

12 SCORING

- 12.1 To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the race office.

13 SAFETY REGULATIONS

- 13.1 Competitors are advised to wear personal flotation devices at all times while afloat, except briefly while adjusting clothing or personal equipment.
- 13.2 Cruisers are advised to be equipped to at least ORC Special Regulations Category 4.
- 13.3 [DP][NP] A boat that retires from a race, or does not intend to start a race, shall notify the race committee before leaving the race area.

14 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

15 INSURANCE

[DP][NP] Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 million per incident or the equivalent.

Attachment A

LIST OF MARKS (approximate positions)

Name	Colour	Latitude (N)	Longitude (W)
Chi	Y	50° 45'.52	00° 57'.06
Dean Elbow	G	50° 43'.69	01° 01'.88
Dean Tail	G	50° 42'.99	00° 59'.18
Hard	Y	50° 44'.73	00° 58'.50
Horse Elbow	G	50° 44'.26	01° 03'.88
Horse Tail	G	50° 43'.23	01° 00'.23
N7	Y	50° 42'.35	00° 57'.20
Nab East	R	50° 42'.86	01° 00.80
Nab End	R	50° 42'.63	00° 59'.49
Nab Tower	B	50° 40'.08	00° 57'.15
New Grounds	BYB	50° 41'.84	00° 58'.49
Rizzi	Y	50° 45'.52	00° 59'.61
Sparkes	Y	50° 45'.52	00° 58'.50
WE	Y	50° 46'.33	00° 58'.50
West Pole	R	50° 45'.46	00° 56'.59
Winner	YB	50° 45'.10	01° 00'.10