

Round Hayling Challenge Cheat Sheet



12 SEPTEMBER 2026
HISC X THE SUPCO.COM
ROUND HAYLING
CHALLENGE

SALCOMBE
GIN



Round Hayling – an iconic challenge

4) Langstone Harbour

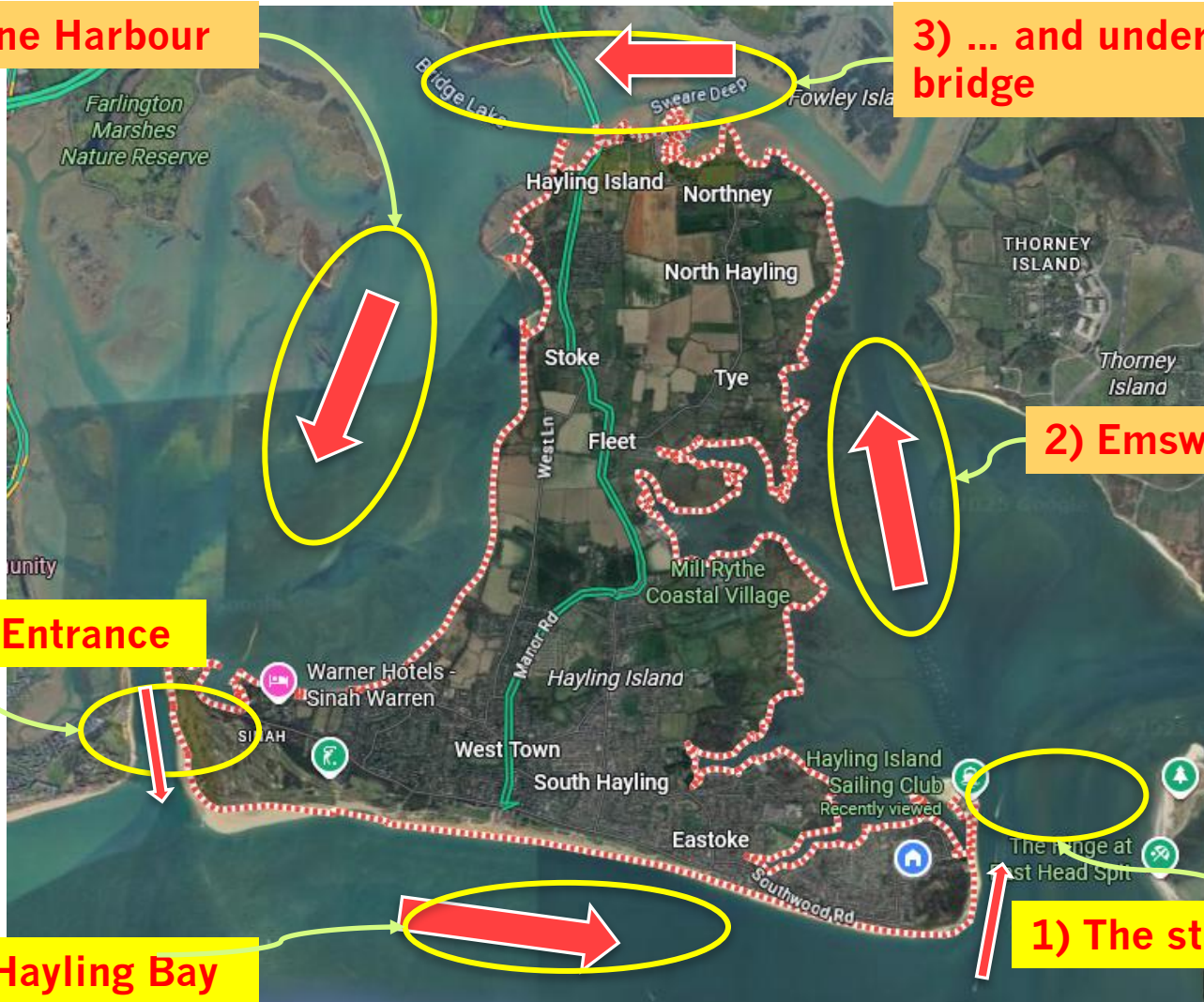
3) ... and under the bridge

2) Emsworth Channel

5) Langstone Entrance

6) Hayling Bay

1) The start and finish



1) The start.



The start line is between the “Tower” on the club house and a green buoy directly opposite.



The tide will be coming in so you are in danger of being pushed over the start line



2) Emsworth Channel

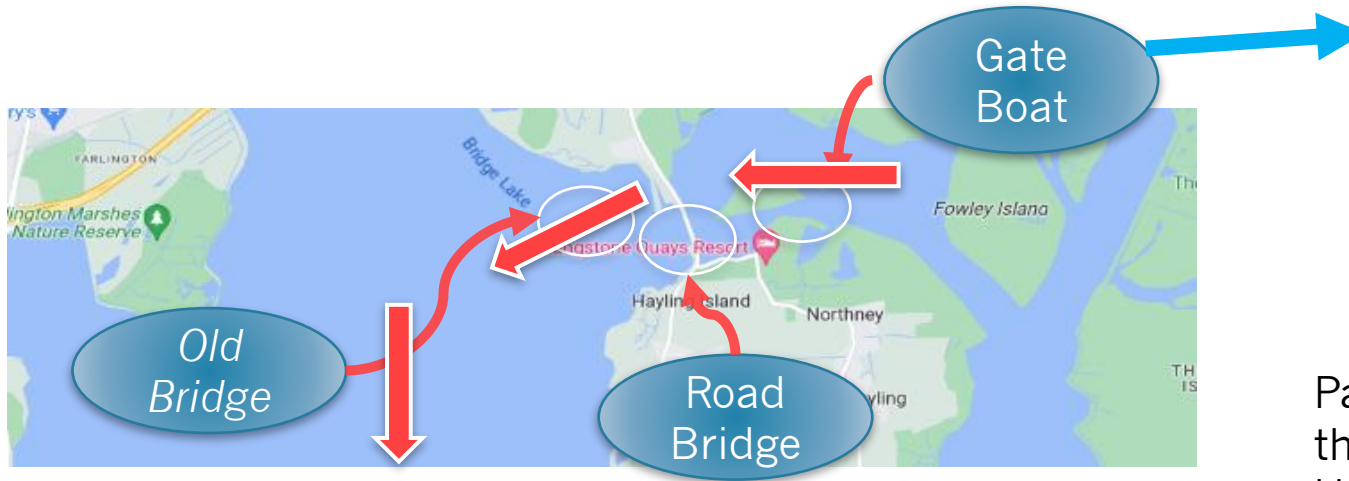


Once started – travel up the “Emsworth Channel.

- a) Past a line of yachts that are moored in the channel
- a) At the top of channel proceed left towards Northney

Note: The green shows the area that dry's out a low tide. We are starting at high tide, so this will be covered.

3) and under the bridge



Pass the gate boat and the shore, Between the Hayling shore and the boat.

Once passed the gate boat, proceed under the road bridge, the tide will push you under the bridge. It is best to use the middle “arches”

Once passed the road bridge, you need to go through the old railway bridge.

Go through the gap in the middle of the bridge

You are now in Langstone Harbour.

If doing Bridge and Back go around the boat and proceed back to HISC

4) Langstone Harbour



Once through the old railway line, in the distance you will see some green bouys. Head for these.

Follow these down the harbour.

Keep clear of the old Mulburry ..



Down the channel to the entrance.

5) Langstone Entrance



Once pass the Mulbury head into the Harbour Entrance.

The tide will be flowing out and will be quite fast

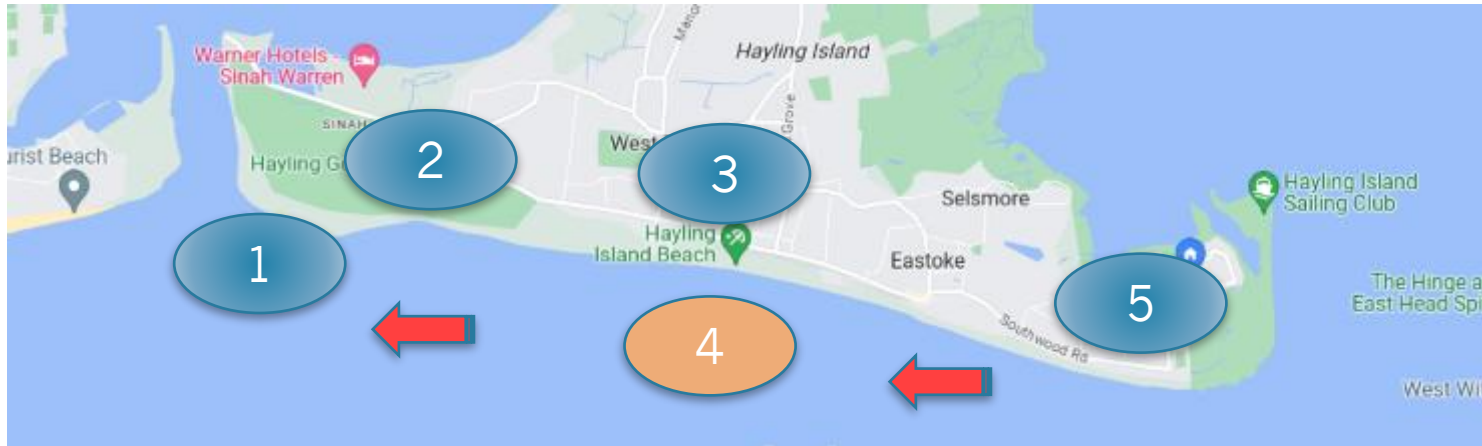
Keep to the Hayling Side

Pass between the Gate Boat and the Hayling shore



Out of Langstone over the Winner Bank – this will be choppy

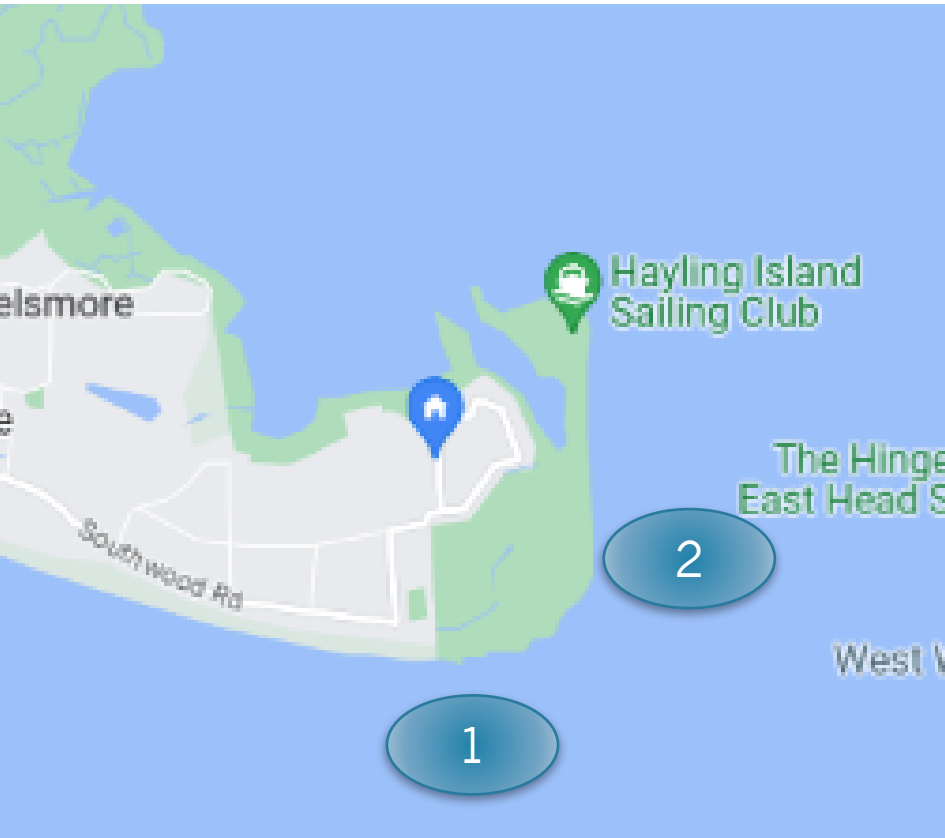
6) Hayling Bay



The tide be running West, along the beach

- 1) Winner Bank – this will be a bit “lumpy”
- 2) As you go along the seafront – the first building is the white golf club building
- 3) Then the Funfair
- 4) A orange marker bouy will be off the funfair, go between this and the beach
- 5) West Pole. This is the sand bank at the entrance to the Harbour.... and you are nearly home..

7) The last bit



Back to HISC

- 1) West Pole Sands – this can be a bit “lumpy” -
- 2) Strong outward tide in the harbour entrance, if paddling keep inshore
- 3) Through the finish line
- 4) On to the beach for a hero's welcome